



TRAINING

Day 5: Food Labor

Purpose: Raise participants’ awareness and understanding about farm workers working conditions, wages, salaries, labor and isolate some of the reasons why farmworkers continue to be one of the most economically disadvantaged groups in the United States.

- Objectives: Participants will be able to**
- Identify the components of the food system
 - Analyze how race, class, gender play a role in?????
 - Identify at least three characteristics of agriculture labor force workers

Procedure: Go over the key points about food system. Use the check in opportunity to ask some questions related to food systems. Facilitator provides information about the session. In this session we will talk about the labor force working in the food system. At the end of this session we hope you have a better understanding and appreciation of the food system and working conditions and inequities in the agriculture labor force.

Materials: Flip Chart
Markers
Paper
Group Agreements

Time: 120 minutes

| Time | Activity |
|---------------|--|
| 5 Min | <p>Welcome/Framing</p> <ul style="list-style-type: none"> ▪ Go over Agenda/Purpose ▪ Train the Trainers framing ▪ Review Agreements |
| 15 Min | <p>Group Check-in</p> <p>Facilitate conversation around the topic of food system. Remind the group about parts of the food system discussed. Ask the following:</p> <ul style="list-style-type: none"> • Have you or your family member ever had a job in the food system? Which part of it? • What was it like? (encourage the group to look at the chart to help identify what part of the food system their job was part of) |

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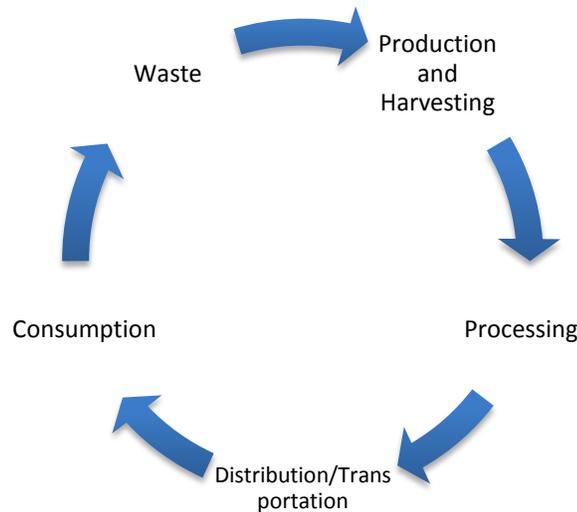
60 Min

The Labor Force in the Food System

At the end of this session we hope you have a better understanding and appreciation of the food system and working conditions and inequities in the agriculture labor force. We are going to watch some video clips of stories about worker organizing in different sectors of the food system. We will focus in production. What do we mean by production? Get some feedback from the group

Production: Agriculture workers using different approaches to cultivate land and other aspects of the food system. It provides the vast majority of the raw foods and ingredients that form the basis of our food supply.

We will a video about the Coalition of Imokolee Workers? They are a group of farm workers in Florida who have started campaign to get fast food restaurants and grocery stores to negotiate with them for fairer prices for tomatoes and better working conditions on the field.



Watch CIW video 1

<http://www.youtube.com/watch?v=SLmfKsw6zKI&list=PLE05246A63800B537&feature=plcp>

http://foodchainworkers.org/?page_id=127

Brainstorming/Group Discussion

Facilitator leads a group discussion to generate some ideas and opinions from the group regarding agriculture labor. Use the video as reference. Write down some of the feedback.

- Initiate the discussion by asking who provides the labor for the different parts of the food system?
- What do they know about the working conditions in that sector of the food system?
- Who are the people who do the job of agriculture workers? Who are they? What gender, class, and race?

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- Do they know any farm worker?
- Are they familiar with community resistance and organizing in these different sectors?

Watch Video 2: Smithfield Workers in North Carolina

https://www.youtube.com/watch?v=YLpO1_tgYu8

This is a video about some meat packing workers in Smithfield, North Carolina that organized a union to improve their conditions, with a great amount of community support.

Processing/Packaging:

Food processing means transforming the raw plant and animal materials into products for the consumers. Processing extend the availability of products for the consumers. Let's watch a video.

Discussion/Brainstorm

Facilitator repeats the same questions as in the production section.

ROC New York video 3

http://www.youtube.com/watch?feature=player_embedded&v=LZEUwvIHdSs

Consumption:

Hungry consumer seeking food in food outlets such as supermarkets, schools, farmer markets, produce stands. These outlets provide the consumer with access to a wide variety of food choices. Let's watch a video. This video talks about restaurant working conditions, even in some of the most "sustainable" food restaurants in New York.

Discussion/Brainstorm –

- Facilitator repeats the same questions as in the production section.
- Ask the groups what models exist that are trying to use fair labor or wage practices (Ex: Worker Owned Cooperatives, Businesses paying fare wages, -Organic Valley)
- Do they know about worker and community resistance and organizing in these different sectors of the food system?

15 Min

Resistance in the Food System

"La Causa" (Struggle) is resistance movement from those working in the food system. They are the poorest and most exploited groups of workers are perhaps the most exploited of those working in food systems. They need to voice their resistance and movement to improve labor and living conditions.

- The harms and benefits of the food system are not equally shared. Low-income, minority and immigrant communities bear a heavier burden of health risks associated with food production and processing.
- The price of some foods may also be a barrier to adopting healthier diets among lower-income families. These and other inequalities illustrate the significance of equity or fairness in the food system –sometimes called *food justice*.
- Watch the video *Chipocracy* about the Coalition of Immokalee Workers(CIW) victory against Chipotle as an example of food system worker resistance and alternatives .

Chipocracy

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<http://www.youtube.com/watch?v=HdrZVd-C5S0&list=PLD4BAD83D2272886C&feature=plcp>

5 Min

Check-out

What was difficult and what inspired you about learning about labor in the food system?

15 Min

Evaluation

Thank the group for their participation. Remind them that this is a pilot process and we are looking to improve the training. Create a list for both strengths and areas of improvement.

Optional Activity:

Human Clay Sculptures

1. What is Theatre of the Oppressed?
2. Who is Augusto Baulo?
3. Embodying the Solution

Clay, pause, observation, the artist can speak, then the group can intervene – then feedback from the group about intervention and being complacent.